

Problem scenario – girls

Cyber bullying

Sara has been finding it really difficult to get up in the mornings and actually get out of bed to go to school. This morning she made herself sick so that her mum would let her stay at home. As soon as her mum left for work she went online and saw again what they had done. Her so-called friends had told her they were all meeting to go to a party and she'd got all dressed up and went to the shopping centre on time where they were due to meet. None of them turned up. She waited for an hour and a half and couldn't understand what was happening. Had she got the date wrong? She knew she hadn't when she got home – there she was – posted all over the network – photos of her looking in shop windows and sitting alone with messages attached like 'Fat slag! Who would want to go out with her?', 'Sara no mates – no wonder – get that hair and smell that cow!' She doesn't know what to do. How can she ever go outside her house again – let alone go to school?

Questions

- ▶ How do you think Sara felt when she first woke up?
- ▶ What do you think hurt her the most about this incident?
- ▶ What do you think of the other girls' behaviour?
- ▶ What do you think they feel about what they've done?
- ▶ What might help Sara now? What would you suggest?
- ▶ What help does she need and where can she access this?
- ▶ What do you think should happen to the bullies?
- ▶ What would be the best thing you could say to Sara now if you were her best friend?



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